

NEWS RELEASE

To: Editors

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For immediate release**Hong Kong Runners Promote Healthy Living At The Hysan Healthy Hike and Run***Participants complete demanding long-distance running and hiking challenges at the Tai Lam Country Park*

Hundreds of Hong Kong running and hiking enthusiasts took part this past Sunday in the Hysan Healthy Hike and Run at the Tai Lam Country Park. The family-friendly event, organised by Action Asia and sponsored by Hysan Development Company Limited, was to promote healthy living through running and hiking. The event was split across three distance categories, 5km, 13km and 21km, with participants of all ages and abilities taking part, covering a range of different terrains across some of Hong Kong's most scenic countryside.

“The Healthy Hike and Run communicates an important message to people in Hong Kong about pursuing a healthy lifestyle in a pristine environment. As a property investor, Hysan places an emphasis on reducing environmental impact by minimising carbon output and energy consumption in its everyday operations, while building sustainably,” said Mr. Mark Tung, Head of Corporate Communications at Hysan.

This year a total of over 700 participants took part in the Hysan Healthy Hike and Run, with 265 of those completing the 21km course. The trail directed the runners along a scenic course, beginning at the secluded country park road of Tai Tong Shan Road before climbing the dirt tracks and circling the Tai Lam Chung Reservoir, set amidst one of Hong Kong's most picturesque mountainous regions. Mr. Clement Dumont was the fastest male competitor to complete the 21km challenge, doing so in a breathtaking 1 hour 47 minutes and 1 second to set a new course record. Singaporean Ms. Jeanette Wang won the women's 21km race as she also set a new record, completing the event in 2 hours 23 minutes and 10 seconds.

Hysan's support for the Healthy Hike and Run is part of the company's wider commitment to social initiatives in Hong Kong. Hysan, which is the largest commercial landlord in Causeway Bay, has been actively involved in a number of activities targeting youth development and sustainability promotion.



The Hysan Healthy Hike and Run was to promote healthy living through running and hiking



Mr. Clement Dumont set a new course record to win the men's 21km event



The Hysan Healthy Hike and Run was a family-friendly event with over 700 participants

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About Hysan

Hysan Development Company Limited is a leading property investment, management and development company in Hong Kong with an investment property portfolio of over 4 million square feet of high quality office, retail and residential space. It is the largest commercial landlord in Causeway Bay.

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